

Friday 14th November 2025

Barford Primary School Newsletter



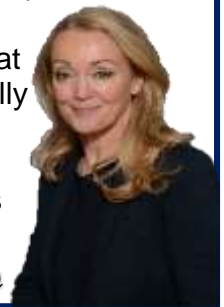
“Happy hearts, healthy minds, exhilarating experiences – inspires success”

Dear Parents and Carers, **Head Teacher's Message**

We have been extremely busy over the past two weeks with lots of lovely experiences in school. We welcome Miss Walker, a professional artist, into school, who is working with the children to help celebrate the work of the prolific artist- Kimmy Cantrell. Over the coming weeks all the children, will be making masks and pictures in the style of Kimmy to help us celebrate Black History month. We are looking forward to sharing these with you on Tuesday 16th December 3.30-4.30, where you are invited to see our 'Barford art gallery' with all of the work that has been produced. We will let you know more details nearer to the time but please keep that date free! We have also started cooking lessons to support our bid for healthy living! I know the children have had a great time this week making food and I hope you all had a chance to sample this when they brought it home!!!

Finally, with the Christmas fair not too far away- we are asking for any donations that you can spare to sell in our raffle and help raise money for our school. Also, Mrs Lilly and Mrs Danks will be selling raffle tickets from Monday (after school,) for you to guess the name of the staff baby!!! If you think you could spare a few hours to help us organise the Christmas fair- we would love to hear from you. Please contact Mrs Lilly via the school office. Have a super weekend and hope it is not too wet!

Head Teacher - Joanne Davies



KS1 & Y3 Cooking Skills

This week years 1, 2 and 3 have started their cooking sessions. Each year group has made a healthy snack or drink and has practised different skills such as peeling and chopping. These sessions will continue next week, giving each class this opportunity. We hope you enjoy seeing what the children have created.



KS2 – Art Skills

This week, we welcomed artist Bethany Walker. Bethany specialises in sculpture and will be working with the children for a 5 week project exploring the art work of Kimmy Cantrell. This week we created our own Kimmy Cantrell inspired sketches. We are extremely lucky to be working with Bethany and we look forward to sharing more of our art this half term.



We now offer 30 hours FREE childcare for Nursery – September 2025!

You can now get up to 30 hours' FREE childcare for working parents of 3 & 4 year olds. Collect a form from our office or speak to our Business Manager for more information.

EYFS - Fireworks

Linking to this term's topic, in Nursery we have been looking at fireworks and the patterns they make in the sky. We created our own firework pictures using paint. Fireworks are very bright and very loud! They light up the dark sky!



School Council - Remembrance Day

On Tuesday 11th November, Barford Primary School's school council visited Summerfield church along with other local schools. On behalf of our school they laid a remembrance wreath under the church's memorial. The whole school took two minutes silence at 11.00am to think about those who have sacrificed their lives for us.



Upcoming events

Monday 17th November

Year 6 SATs Meeting – 3:30-4pm in the main school hall

Thursday 20th November

Year 3 Stone Age Assembly – 9am-10am to parents of children in Year 3

Friday 21st November

Year 6 SATs Meeting – 3:30pm-4pm in the main school hall

Tuesday 25th November

Rec Phonics LIVE – 8:45am-9:45am

Wednesday 26th November

Inspire Session for nursery parents in nursery – 9am-10am

School Photo Day

Thursday 27th November

NCMP Screening (height & weight) – Rec & Year 6

School Disco

Nur-Rec 3:30-4:15pm

Y1-Y3 – 4:25-5:15pm







Y4-Y6 – 5:30-6:30pm

Rescheduled Assembly for parent of children in Year 4
9am-10am



It can be challenging at times to keep your child's packed lunch healthy and interesting. Here are some lunch box tips and a recipe for you to try.

Lunchbox tips

 <p>Keep them fuller for longer Base the main lunchbox item on foods like bread, rice, pasta and potatoes. Choose wholegrain where you can.</p>	 <p>Freeze for variety Keep a small selection of different types of bread in the freezer so you have a variety of options – like bagels, pitta and wraps, granary, wholemeal and multi-grain.</p>
 <p>DIY lunches Wraps and pots of fillings can be more exciting for kids when they get to make them. Dipping foods are also fun and a nice change from a sandwich each day.</p>	 <p>Cut back on fat Pick lower-fat fillings – like lean meats (including chicken or turkey), fish (such as tuna or salmon), lower-fat spread, reduced-fat cream cheese and reduced-fat hard cheese. And try to avoid using mayonnaise in sandwiches. See more healthier snack ideas</p>
 <p>Mix your slices If your child does not like wholegrain, try making a sandwich from 1 slice of white</p>	 <p>Always add veg Cherry tomatoes, or sticks of carrot, cucumber, celery and peppers all count</p>

Creamy hummus dip with pitta bread and vegetable sticks recipe

This creamy dip is fun to eat and makes a change from sandwiches. It works well with a tomato and a pot of sugar-free jelly.

Prep: 10 mins
Serves: 1

Ingredients	Method
<ul style="list-style-type: none"> 2 heaped tablespoons olive oil 1 cube of half a lemon 1 tablespoon low-fat Greek-style yoghurt 1 tablespoon olive oil 2 teaspoons paprika (or to taste) 4 teaspoons cumin (or to taste) 1 cube of garlic (fresh) 1 large or 2 small pitta breads, cut into strips 1 small onion, cut into strips 1 stick of celery, cut into strips 	<ol style="list-style-type: none"> Put the chickpeas, lemon juice, yoghurt, oil, spices and garlic in a bowl. Using a hand blender, mix together until smooth. Make the hummus the previous evening and store in the fridge. As well as cooking time, the flavours will have time to develop. Serve with the pitta bread strips and carrot and celery sticks. <p>Hummus makes a great after-school snack. If you're using a shop-bought hummus, choose a reduced-fat version.</p>

Complete your lunchbox with:

- tomato
- sugar-free jelly pot
- small bottle of water



BARFORD'S CHRISTMAS FAIR

Guess
THE BABY

*I'm a Barford Pupil
Get me out of
here!*

**Snowman
Throw**

10/12/25

3:30pm-

6pm

**Face painting &
Glitter Tattoos**

**Many more games,
prizes, food and
fun!**

BIGGER AND BETTER!!

DONATIONS FOR OUR CHRISTMAS FAIR

**PLEASE DROP THESE ITEMS TO THE MAIN OFFICE
BY WEDNESDAY 26TH NOVEMBER**

