



Barford Primary School

Oral Health Curriculum Progression Map – Dental Buddy

Phase	Term	Focus	Key Learning	Science Link
EYFS ■	Autumn	Why do we have teeth?	Teeth help us bite and chew food. Humans and animals use teeth for different purposes.	Understanding the World – similarities and differences in living things.
EYFS ■	Spring	First visit to the dentist	Children meet a dentist and practise brushing using toothbrushes and sand timers.	Health and self-care linked to understanding the body.
EYFS ■	Summer	Food and drink	Children explore foods and drinks that help keep teeth healthy.	Early understanding of healthy choices.
KS1 ■	Autumn	Diet and snacking	Frequent sugary snacks can damage teeth. Healthy diets help teeth stay strong.	Animals including Humans – importance of healthy eating.
KS1 ■	Spring	Our smile	Children learn about plaque, brushing techniques and visiting the dentist.	Animals including Humans – hygiene and health.
KS1 ■	Summer	Types of teeth	Identify incisors, canines and molars and their functions.	Animals including Humans – structure and function of body parts.
KS2 ■	Autumn	Anatomy of teeth	Explore enamel, dentine and pulp and how teeth break down food.	Animals including Humans – digestion and the role of teeth.
KS2 ■	Spring	Looking after our teeth	Understand plaque, bacteria and fluoride and how to maintain dental hygiene.	Animals including Humans – maintaining healthy bodies.
KS2 ■	Summer	Sugar and our teeth	Investigate how sugar causes tooth decay and damages enamel.	Animals including Humans – effects of diet on health.